



The Confident Patient:

A Doctor Discussion Guide About Parkinson's Treatment

Is this progression?

- How do I know whether I'm experiencing progression?
- Could my symptoms be progression even if they come and go?
- If we don't act now, could my symptoms get worse?
- What should I do if that happens?

Exploring treatment options

- My symptoms are harder to manage even with treatment. What's our next move?
- Are there treatments besides daily oral medications that could help manage my symptoms?
- What are the infusion medication options currently available, and how do they work?
- How are infusion medications different from oral medications?

Ongoing monitoring

- How do we decide if it's time to make a treatment change and what does that process look like?
- How will you evaluate whether my treatment is working or not?
- How can I keep doing the things that matter to me while managing treatment?

Symptom check-in

- ☐ Stiffness, slowness, or balance issues
- ☐ Tremors, spasms, or twitches
- ☐ Trouble speaking or swallowing
- ☐ Pain
- ☐ Fatigue
- ☐ Difficulty sleeping
- ☐ Challenges with memory or thinking
- ☐ Vision or eye problems
- ☐ Bladder or bowel changes
- ☐ Depression or anxiety

Notes: