



Parkinson's Motor Symptoms

A checklist for tracking motor-related symptoms

	Symptom Experienced	Frequency
<input type="radio"/>	Tremor An involuntary quivering movement	
<input type="radio"/>	Bradykinesia Slowness of movement	
<input type="radio"/>	Rigidity Stiffness	
<input type="radio"/>	Postural instability Tendency to be unstable when standing	
<input type="radio"/>	Hypomimia Reduced facial expression or "facial masking"	
<input type="radio"/>	Dysarthria Difficult or unclear articulation of speech	
<input type="radio"/>	Dysphagia Difficulty or discomfort in swallowing	
<input type="radio"/>	Sialorrhea Hyper-salivation or excessive production of saliva	
<input type="radio"/>	Diaphragm dysfunction with dyspnea Shortness of breath	
<input type="radio"/>	Decreased arm swing	
<input type="radio"/>	Shuffling gait	
<input type="radio"/>	Festination A walking gait characterized by involuntary acceleration	
<input type="radio"/>	Difficulty rising and/or turning over	
<input type="radio"/>	Micrographia Small handwriting	

	Symptom Experienced	Frequency
<input type="radio"/>	Glabellar reflex Reflex elicited by repetitive tapping on the forehead. Subjects blink in response to the first several taps. If the blinking persists, this is known as Myerson's sign and is considered abnormal.	
<input type="radio"/>	Blepharospasm Involuntary tight closure of the eyelids	
<input type="radio"/>	Dystonia Muscles contract involuntarily, causing repetitive or twisting movements	
<input type="radio"/>	Striatal deformity Abnormal postures of the hand and foot	
<input type="radio"/>	Scoliosis A condition in which the spine curves to the left or right, creating a C- or S-shaped curve	
<input type="radio"/>	Camptocormia An abnormal thoracolumbar spinal flexion, or a forward bending of the lower joints of the spine occurring in a standing position	
<input type="radio"/>	Difficulty with the activities of daily living including cutting food, feeding oneself, and maintaining hygiene	

Source: Patterned from the review: Jankovic, J. "Parkinson's disease: clinical features and diagnosis." Journal of Neurology, Neurosurgery & Psychiatry 2008;79:368-376.

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Date: _____